

# Safe & Healthy Community Virtual Webinar Series

2020 - 2021 SCHOOL YEAR

# SCHEDULE:

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DATE:	TOPIC:	DESCRIPTOR:
October 12, 2020 2:00 - 4:00 p.m.	Trauma Informed Strategies	This webinar will address the trauma informed strategies being used in the area to address student and staff needs.
January 11, 2021 2:00 - 4:00 p.m.	Staff Self Care	During this session we will discuss Compassion Resilience, self care strategies and ideas for supporting one another.
March 8, 2021 2:00 - 4:00 p.m.	Social Media	This session will focus on the current social media applications being used by students.
March 4th, 2021 2:00 - 4:00 p.m.	Mindfullness	This discussion will look at the current resources available for individual as well as classroom practice. We will discuss which apps have been made available free, and which are with the

annual fee.

### **DETAILS:**

Register online: www.cesa6.org/events

## Registration fee:

- ♦ \$75 per session, per school district registration
- FREE to CESA 6 Safe & Healthy Community member districts.

**Times:** 2:00 p.m. - 4:00 p.m.

Location: Online via Zoom



# **QUESTIONS:**

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